Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Saturday 08 Jul 2023 until 23:59 on Sunday 09 Jul 2023

Forecast Issued on Saturday 08 Jul 2023 at 03:08 by Met Office Aberdeen

Confidence: Low for timing and extent of rain or thunderstorms on Saturday. Low for extent of any showers on Sunday. High for showery weather early next week.

Headline for Saturday 08 Jul 2023: Windy with late afternoon and evening rain or thunderstorms

Mountain weather hazards on Saturday 08 Jul 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
Low Likelihood

Gales
Low Likelihood

Severe chill effect
No Likelihood

Poor visibility
Low Likelihood

Thunderstorms
Medium Likelihood

Heavy persistent rain
Medium Likelihood

Strong sunlight
High Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Sunny	Sunny	Sunny intervals	Sunny intervals	Heavy rain showers	Thunderstorm
Precipitation probability					
00%	<05%	20%	40%	50%	60%

Forecast for Saturday 08 Jul 2023

Weather: Dry and sunny in the morning. Then clouding over with showers or thunderstorms extending north later in the afternoon and evening although the north of the area may remain dry.

Chance of cloud-free hill tops above 800m: 90% falling 40% in the evening.

Low cloud and visibility: Good visibility with cloud above the summits for much of the day. Cloud lowering to 900 metres in rain through the evening, and as low as 500 metres towards midnight. West coast ranges should be afforded some shelter though.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Saturday 08 Jul 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	44/51 E	41/48 SE	33/41 SE	28/35 S	17/21 S	10/13 E	13/17 NE
900	39/45 E	36/43 SE	32/41 SE	27/34 S	14/18 S	9/12 E	13/16 NE
600	27/33 E	27/33 E	24/33 SE	20/27 S	10/14 S	7/10 E	9/14 NE
300	3/28 E	7/32 E	11/34 SE	8/27 S	1/11 S	1/8 SE	3/13 NE
Glen	19/33 E	18/33 E	17/32 SE	11/23 S	4/9 W	2/5 NE	2/7 N

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	12/6	13/7	17/10	15/10	13/10	13/11	12/10
900	13/7	14/8	18/11	16/11	14/12	13/12	12/10
600	16/11	17/12	20/15	18/14	16/15	15/14	14/13
300	16/16	20/19	24/22	21/20	18/19	16/17	15/15
Glen	19/15	23/19	26/23	23/21	20/20	17/18	16/17
Freezing Level*	2700m	2800m	3200m	3200m	3100m	3000m	2900m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View

Be prepared for summit gales in the morning. Increasing risk of lightning strikes, torrential rain and poor visibility in the evening.

Forecast for Sunday 09 Jul 2023

Weather: Chance of some heavy rain in the early hours across the north, but this clearing away soon after dawn. Then the rest of the day will be warm with sunny intervals, one or two showers breaking out in the afternoon chiefly inland. Otherwise a reasonable amount of dry weather expected. Much less windy than on Saturday.

Maximum wind: Southwesterly 15 mph

Chance of cloud-free hill tops above 800m: 80%

Low cloud and visibility: Good visibility with cloud expected to be above summits

Temperature: **Glens:** Plus 13 rising to 22 Celsius
At 800m: Plus 12 Celsius
Freezing level: Above summits

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